

Celebrating Our  
**11** YEAR  
COLLABORATION

# B-Social

## Team Building for Adolescents with Social Challenges (Ages 11-16)

Fitness for Health and the Center for Communication and Learning are offering a summer therapeutic program for students with ADD/ADHD, Asperger's, Social Communication Disorder, and Autism Spectrum Disorder.

Our **B Social Summer Teen Program** focuses on developing your adolescent's social competency. Social Thinking® is more than just about being social. The skills and strategies we teach will impact their performance at school, in the community, and throughout their lives.

Our dynamic and unique program facilitates the development of:

- Social Awareness
- Flexible Thinking
- Perspective Taking
- Team Problem Solving
- Theory of Mind
- Mindfulness
- Collaboration
- Reciprocal Communication
- Social Problem Solving
- Interpersonal Relations
- Team Communication
- and more...

### 2018 Session Information

**August 6-10**

9:00 – 11:00am

**August 13-17**

1:00 – 3:00pm



### Open House!

Come learn more about this dynamic program.  
Visit our websites for dates and more information  
or call us at 301-231-7138.

[www.fitnessforhealth.org](http://www.fitnessforhealth.org) • [www.ccl-md.com](http://www.ccl-md.com)

Social learning is facilitated through direct instruction, coaching, and opportunities to practice the skills in a dynamic environment.

A 4:1 Student to Professional Staff (speech-language pathologist and fitness specialists) ratio makes our program especially beneficial for students with social challenges. Our specially trained staff guide children with social communication challenges to develop connections and assist them in navigating their social world.



Our sessions are based on the Social Thinking methodology pioneered by Michelle Garcia Winner, SLP. This program, including its teacher or leader, is not affiliated with, nor has it been reviewed, approved or endorsed by Michelle Garcia Winner, SLP and Think Social Publishing. For additional info, please visit [www.socialthinking.com](http://www.socialthinking.com).

Program co-founder **Susan M. Abrams M.A. CCC-SLP** has completed the Social Thinking Clinical Training Program in San Jose, CA. Ms. Abrams was recently featured in The ASHA Leader, published by the American Speech Hearing Language Association.