



Anxious Child?

Ages
8 to 17

Nervous, scared,
worried?

Join A Study! Help scientists understand the brain and behavior of children with anxiety.

This research study investigates whether the brains and behavior of children, ages 8 to 17 with anxiety, are different than those of children without anxiety. The study includes anxious children, who are medically healthy not taking psychiatric medications. Participation includes psychological interviews, a physical exam, lab work, and brain scans (MRI).

301-827-1340 TTY#: 1-866-411-1010

Email: KIDSwithWorries@mail.nih.gov

Contact us!
Study #01-M-0192

Outpatient study participants may choose to receive:

- A) a non-drug treatment of 12 sessions of Cognitive- Behavioral Therapy (talk therapy) to learn strategies to manage anxious feelings
- B) or, treatment medication (fluoxetine) over 12 weeks
- C) or, a combination of talk therapy and treatment medication

There is no cost to participate. Compensation is provided. Parents and child must consent to participate. The study is conducted at the NIH Clinical Center in Bethesda, MD, and children must live within 50 miles of NIH. Transportation expenses are reimbursed.

Those receiving CBT will be invited to participate in a new computer-based technique called **Attention Bias Modification (ABM)**. This part of the research study evaluates how the technique may train children to pay attention to threatening and neutral stimuli in different ways and potentially enhance cognitive behavioral therapy. Children receive 12 sessions of either active or placebo ABM.



JOIN AN NIH RESEARCH STUDY!

www.nimh.nih.gov/JoinAStudy

(Pediatric/Anxiety/ Pediatric Mood and Anxiety Research)



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